



WAVE

ARCHIVE

EMMALEA

RUSSO

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EMMALEA RUSSO

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TONIC

The first 15-30 seconds of a tonic-clonic seizure is called the tonic phase. The brain rapid fires vibrancy and electric buzz while the seized loses consciousness as there is such a thing as too much vitality so the body stiffens and muscles clench. Your back arches and limbs go contorted and alien while both eyes roll far back and your face casts blue.

tonic

A medicinal substance taken to give a feeling of vigor or well-being.

Stimulant, restorative, refresher, medicine.

Short for tonic water.

Pertaining to restoring tone or health to the body or an organ.

The body is rigid.

The body is the whole grid.

The body is good riddance.

The body is rid

and not under

your control

and will fall

has fallen

in fact

to the ground.

Are you feeling:

Invigorated
physically
mentally
morally?

You are as close
as possible
to the ground.

And then you are closer and then you are closer and then you are closer
and then

NOTES ON AN INDEX

At this point, it might prove helpful to ground yourself in the ideas of others.

Charles Peirce's *indexicality* —

the relationship between the object photographed and the resulting image.

Object

1. You go for a walk.
2. You spot a white pillow on the beach.
3. You take a photograph of the pillow.
4. You print the photograph large-scale in full color.
5. Each grain of sand visible.
6. You wrap the photograph around a cardboard box.
7. You use the object in your art.
8. You call it *cube*.
9. You feel sick of protecting *cube*.
10. Feel sick from the preciousness of it.
11. You take it to the ocean.
12. To the spot you snapped the pillow photograph.
13. You take several more photographs of *cube* at the coast.
14. You lose *cube*.
15. It goes out to sea.

An index points.

In a book's *back matter*, headings and pointers indicate where the reader can find subjects within the book.

A map.

A cloud darkens half of the sky? You might search *C, Cloudcover*.

A storm ruins your plans? You might search *S, Storm*.

Meanwhile, your body

Hovers over the book.

Flips through pages.

Moves forward and backwards.

Backwards then forward.

The stir of the pages creates a breeze in the room.

The breeze calls forth a feeling.

The day stormy

The room rustled

whole cloudcovered

scene your body is

okay your mind is okay

your posture is different some

how the spine elongates and hovering

no more as the book is on the table

you sigh for

the concordance
the subject

you like to read via the index
because it's neither hierarchical nor chronological
and this feels better in your body a relief something
about access and visibility

\ — memory

or

\ – um

\ – um

\ – um

or

index finger –

pointing at –

something –

1, 2, 3, 4, 5, 6, 7, 8, 9, 10,

just point at something

a tremor is an index of your condition

tremors index the seizures the clues

all fingers point splay out well what is inside

what's inside

seeps

out

an earthquake

begins